

**Poca High School
Athletic Department
Student/Parent Contract**

I intend to be an athlete in the Athletic Program at Poca High School. As an athlete, I will not drink, smoke, take, use or distribute the following (both on and off campus):

- a. any alcoholic beverage
- b. drugs not prescribed by a doctor
- c. tobacco of any kind-rubbing, chewing, smoking
- d. marijuana or any controlled substance

Also, I willingly agree to unannounced searches of my clothing and equipment when traveling to and from, or during an athletic event.

If violations of any of the above are confirmed, I understand the **minimum (*)** punishment will be as follows:

**1st offense – 2 weeks suspension
NO practice and no games.**

- a. Cannot return to practice until the athlete shows written evidence that he/she has sought counseling from a community agency or a professional individual such as a drug counselor, medical doctor, psychiatrist, or a psychologist.
- b. In cases involving the use of distribution of a controlled substance, the individual can return only after the principal, athletic director, and coach have met and agreed to the return.

**2nd offense – 4 weeks suspension from team
No practice and no games.**

- a. Absolutely no return to the team until a community agency or a professional (see 1st offense, part a, above) has been consulted and visited. The professional must indicate in writing that the athlete may return after a four-week period.
- b. In cases involving use of distribution of a controlled substance, the individual can return only after the principal, athletic director, and coach have met and agreed to the return.

3rd offense – Complete suspension for Poca High School athletic program for a period of at least one year. At the end of this period the athlete may be reinstated at the recommendation of the principal, athletic director, and coach.

These penalties shall be cumulative throughout the student's participation in the Poca High School athletic program, grades 9 through 12, throughout each school year.

(*) The coach of each sport has the option of establishing more stringent requirements and penalties.

Furthermore, I will conduct myself as a lady/gentleman when I am representing Poca High School. I agree to not cause any embarrassment to the school by actions on or off the field or court.

I agree to:

1. dress neatly on away trips
2. Have respect for school property , both ours and opponents
3. Show respect for all coaches, officials, and players.
4. Have no unauthorized absence or tardiness from class.
5. Not to be convicted of a crime nor involved in any criminal activity.

Failure to comply with the above rules may result in suspension and/or dismissal from the team.

I am a member of the Poca High School Athletic Program, I agree to follow the rules and guidelines established in this contract. I understand the rules and the consequences should I break any of them.

Signature of Athlete _____ Date _____

I have read the terms of this contract. I agree to uphold and follow through consistently with the guidelines stated, I understand the consequences are non-negotiable.

Signature of Parent/Guardian _____ Date _____

Please DO NOT SIGN this form if you cannot uphold this agreement with the school and your child. If you cannot agree, the please do not allow your son/daughter to participate.